

YIN/YANG BALANCING FACIALS

According to Year of Birth

Notes: This simple treatment does not require knowledge of or a table of Biorhythms. Be mindful that Biorhythm information should not be taken as absolute. It is only a set of indications among others. The priority is always to treat what you see when a skin imbalance is evident.

Principles:

- Years of birth ending in an odd number (1, 3, 5, 7, 9) are YIN years.
- Years of birth ending in an even number (0, 2, 4, 6, 8) are YANG years.
- Balance Yin energy of birth with Yang treatment.
- Balance Yang energy of birth with Yin treatment.
- Apply Phyt'Ether serums and colored Clay Masks according to the 3 zones of the face:
 - Regeneration: forehead and temples
 - Assimilation: eyelids to nostrils and to the ears
 - Elimination: nostrils to chin including lower jaw (extend to frontal part of neck)

Selection of balancing products for YANG treatment (see chart):

- Regeneration: WHITE Clay Mask and Metal Phyt'Ether
- Assimilation: YELLOW Clay Mask and Earth Phyt'Ether
- Elimination: BLACK Clay Mask and Violet Phyt'Ether

Selection of balancing products for YIN treatment (see chart):

- Regeneration: RED Clay Mask and Fire Phyt'Ether
- Assimilation: GREEN Clay Mask and Wood Phyt'Ether
- Elimination: WHITE Clay Mask and Metal Phyt'Ether

Reasons for product selection for each zone:

- Fire drives red blood circulation that brings oxygen to all cells, and Metal energy drives the lung function that provides for the oxygenation of red blood. Of the two, Fire is most yang (suitable to balance yin) and Metal is most yin (suitable to balance yang).
- Earth and Wood are energies involved in assimilation. Of the two, Wood is most yang (suitable to balance yin) and Earth is more yin (suitable to balance yang).
- Metal and Water are energies involved in elimination. Of the two, Water is the most yin (suitable to balance yang) and Metal is more yang (suitable to balance yin).

YIN / YANG BALANCING MASKS

Personalized According to the Year of Birth

- Years ending in odd numbers are **yin**.
- Years ending in even numbers are **yang**.

Balance yin energy with yang mask. | Balance yang energy with yin mask.

YANG MASK

for yin people

YIN MASK

for yang people

red	REGENERATION	white
green	ASSIMILATION	yellow
white	ELIMINATION	black

